



L3X Preview/Launch Parties!

Monday, August 5 from 8:30 – 10 a.m. OR

Tuesday, August 6 from 5:30 – 7:30 p.m.

Tallahassee Senior Center, 1400 N. Monroe St.

Attend one of these events, meet some of the instructors, enjoy refreshments, and pick up a course catalog listing a month of LifeLong Learning excitement! For more information or to register, email Maureen.Haberfeld@talgov.com or call 850-891-4033.

Lifelong Learning Extravaganza – Celebrate 10 Great Years!

by Maureen Haberfeld, LifeLong Learning and L3X Coordinator

Would you like to learn how chocolate is made, visit an animation festival, or go on a historic ghost tour? Have you ever wondered what happened to many of our old Florida attractions or wanted to understand the workings of our underground aquifer? Attend the Tallahassee Senior Center's 10th annual Lifelong Learning Extravaganza (L3X) program.

L3X offers an exciting month of classes, tours, workshops, recreational activities, field trips and entertainment on the broad themes of art, music, science, history, culture, food and drink. Take the opportunity to try something new, meet or visit with some unique people, and explore places in our region. These affordable classes are offered during the day and in the evenings and are designed to appeal to adults of all ages.

Two L3X Preview "Launch Parties" are scheduled at the Tallahassee Senior Center, 1400 N. Monroe Street; one for Monday, August 5 from 8:30 – 10 AM and the other Tuesday, August 6 from 5:30 – 7:30 PM. Attend one of these events, pick up a course catalog, meet some of the instructors, and enjoy refreshments.

Tallahassee Senior Center Foundation members will be able to register for L3X classes beginning Wednesday, August 7. The general population can begin registering on Monday, August 12. To view the course catalog and register online, visit www.TallahasseeSeniorFoundation.org. Early registration is encouraged since many classes fill quickly.

L3X classes will begin on Tuesday, September 3. The program will conclude with a closing luncheon on Friday, September 27. The featured speaker this year will be John Fowler, author of the book *A Forest in the Clouds*. The book tells the story of his year working in Dian Fossey's mountain gorilla research camp in Rwanda. He will share his riveting memories of tracking mountain gorillas over hostile terrain, confronting aggressive silverbacks, and rehabilitating an orphaned baby gorilla. Seating is limited so don't miss out on this event as well as over fifty, fun and fascinating classes.

Carol Boebinger from Indianapolis, IN says "I try to plan my visits to Tallahassee so that I will be able to attend L3X classes." Gloria Swanson, when asked about L3X offerings, exclaimed "I've attended a wine cocktail making class and a tour of St. John's Episcopal Church in the past and I'm looking forward to seeing what will be offered this year." Lisa Meyer says "There are so many interesting classes at TSC, and L3X is great because there are evening options so those of us continuing to work can attend. I have especially enjoyed learning about jazz at B Sharps and Irish step dancing."

L3X is sponsored by the City of Tallahassee, and Tallahassee Senior Center & Foundation. For more information or to register, email Maureen.Haberfeld@talgov.com or call 850-891-4033.