

October 2019 LifeLongLearning Classes

Interested in the pursuit of knowledge? LifeLong Learning offers a variety of classes at a variety of locations. Limited space is available, and classes fill up quickly. For more information or to register, call 850-891-4033, email Maureen.Haberfeld@talgov.com, or stop by the TSC. Programs are sponsored in part by Mulligan Park Gracious Retirement Living, the Tallahassee Moose Lodge # 1075, the City of Tallahassee, Leon County, and the TSC Foundation (TallahasseeSeniorFoundation.org).

Ethical Choices in Eating, Mondays, Oct. 7, 14, 21, & 28, 10-11:30 a.m., NE Branch Library 5513 Thomasville Rd. Instructor Sally Sanders explores how modern farming and agricultural practices contribute to present day health concerns. Learn about healthful eating and eco-friendly alternative choices, the latest meat and plant-based food technologies, modern agriculture, and how raising farmed animals and related crops affect ecosystems and our health. \$5 donation (50+) / \$7 (others)

Voting in U.S. Presidential Elections, Thursdays, Oct.10, 17, 24, 31, 1:30 – 3 p.m., TSC Activity Rm. Political scientist and public opinion poll expert, Dr. Suzanne Parker, gives an in-depth examination on the effects of political party, candidates, issues, ideology, and other factors on voting in American presidential elections. The class also covers "realigning elections" and evaluates whether the upcoming 2020 election is likely to be one. \$5 donation (50+) / \$7 (others)

Valdosta Arts and History Tour, Friday, Oct. 18, 8 a.m. – 5 p.m., meet in TSC dining room. Spend a day in historic Valdosta, the heart of South Georgia. Visit the Lowndes County Historical Society and Museum - dedicated to preserving their rich history. Tour the Annette Howell Turner Center for the Arts which houses six galleries and showcases local and regional artists' work. Enjoy a delicious lunch and desserts at the Rainwater Conference Center's private dining room. Finish the day with a visit to the Crescent at Valdosta Garden Center, a historic landmark home and one of the most admired and photographed sites of the South. \$40 fee (50+) \$50 (others)

Voices from the Past: A Walking Tour of Old City Cemetery with a Twist, Tuesday, Oct. 29, 9:45 – 11:15 a.m., meet in TSC dining room. Tallahassee's Old City Cemetery has memorials to some of Florida's most colorful personalities. Join State Archives staff members Lydia Nabors and Dr. Josh Goodman for a unique walking tour, featuring archival records from some of the cemetery's most interesting residents. Shared photographs, letters and other documents from the State Archives' collections will reconstruct the world in which these pioneer Floridians lived. Bring water and wear comfortable, closed toe walking shoes. \$10 fee (50 +) / \$15 (others)





