



# CAPITAL CITY Senior Games RECORDS



## ROAD RACE

### WOMEN

5k

| AGE   | NAME              | RECORD   |      |
|-------|-------------------|----------|------|
| 50-54 | Julie Clark       | 23:56.42 | 2014 |
| 55-59 | Fran McLean       | 23:03    | 2012 |
| 60-64 | Susan Kelly       | 25:37    | 2012 |
| 65-69 | Fran McLean       | 29:38    | 2025 |
| 70-74 | Dot Skofronick    | 31:53    | 2011 |
| 75-79 | Margarete Deckert | 41:36    | 2012 |
| 80-84 | Margarete Deckert | 44:02    | 2013 |
| 85-89 | Josephine Newton  | 47:50    | 2012 |
| 90+   |                   |          |      |

### MEN

5k

| AGE   | NAME             | RECORD   |      |
|-------|------------------|----------|------|
| 50-54 | Ken Walters      | 23:34    | 2012 |
| 55-59 | Michael Cipuiano | 21:48.42 | 2014 |
| 60-64 | Terry Presnell   | 22:13    | 2013 |
| 65-69 | Ken Barker       | 24:22    | 2013 |
| 70-74 | Jon Dalton       | 30:09    | 2012 |
| 75-79 | Bob Keller       | 28:58    | 2011 |
| 80-84 | Bob Keller       | 33:32.47 | 2014 |
| 85-89 |                  |          |      |
| 90+   |                  |          |      |