

**2019 CAPITAL CITY SENIOR GAMES  
SWIMMING - FREESTYLE  
WOMEN**

**Freestyle - 50 YD**

First Name	Last Name	Age Division	Time	Place
Sandra	Lee	50-54	45.83	1
Susan	Nichols	60-64	35.54	1
Mary Jane	Tappen	60-64	36.19	2
Melanie	Sellers	65-69	1:03.40	1
Barbara	Goltz	70-74	41.36	1
Patsy	Cox	85-89	1:24.96	1

**Freestyle - 100 YD**

First Name	Last Name	Age Division	Time	Place
Annie	Bowman	50-54	1:10.29	1
Sandra	Lee	50-54	1:43.15	2
Mary Jane	Tappen	60-64	1:20.29	1
Susan	Nichols	60-64	1:21.74	2
Bonnie	Wright	60-64	1:23.04	3
Sandra	Stark	60-64	1:34	4
Barbara	Goltz	70-74	1:35.33	1

**Freestyle - 200 YD**

First Name	Last Name	Age Division	Time	Place
Gretchen	DeYoung	55-59	3:16.71	1
Bonnie	Wright	60-64	3:02.30	1
Barbara	Goltz	70-74	3:39.62	1

**Freestyle - 500 YD**

First Name	Last Name	Age Division	Time	Place
Bonnie	Wright	60-64	7:45.39	1
Mary Jane	Tappen	60-64	8:19.51	2
Melanie	Sellers	65-69	11:47.05	1

**MEN**

**Freestyle - 50 YD**

First Name	Last Name	Age Division	Time	Place
Patrick	Twomey	65-69	32.19	1
John	Wright	65-69	38.90	2
Mike	Twamey	70-74	30.54	1
Jim	Boylan	70-74	37.13	2
Rick	Ashton	70-74	40.31	3
Britt	Poulson	85-89	42.52	1
Don	Rapp	90-94	1:16.15	1

**Freestyle - 100 YD**

First Name	Last Name	Age Division	Time	Place
John	Wright	65-69	1:34.49	1
Rick	Ashton	70-74	01:30.0	1
Jim	Boylan	70-74	01:31.1	2
Britt	Poulson	85-89	1:44.54	1
Don	Rapp	90-94	3:27.40	1

**Freestyle - 200 YD**

First Name	Last Name	Age Division	Time	Place
Mark	Graham	65-69	2:50.55	1
Rick	Ashton	70-74	3:39.41	1
Britt	Poulson	85-89	4:21.94	1

**Freestyle - 500 YD**

First Name	Last Name	Age Division	Time	Place
Mark	Graham	65-69	7:16.94	1
Rick	Ashton	70-74	10:39.18	1