



# CAPITAL CITY Senior Games RECORDS



## TRACK - RUNNING MEN

### 100m

AGE	NAME	RECORD
50-54	Bruce Edwards	13.04 2017
55-59	Timothy Street	12.7 2017
60-64	Rodney Atherton	13.28 2018
65-69	Barry Hogue	13.8 2017
70-74	Barry Hogue	14.19 2018
75-79	Johnnie Lucassen	16.13 2013
80-84	Norm Taylor	19.28 2011
85-89	Palmer Walker	25.47 2017
90+	Don Rapp	34.32 2019

### 200m

AGE	NAME	RECORD
50-54	Bruce Edwards	26.93 2017
55-59	David Kyle	30.96 2011
60-64	Bill Tharpe	27.1 2010
65-69	Bill Tharpe	29.48 2014
70-74	Les Garringer Tr.	35.2 2015
75-79	Johnnie Lucassen	38.5 2013
80-84	Norm Taylor	44.91 2011
85-89	Palmer Walker	1:02.40 2017
90+		

### 400m

AGE	NAME	RECORD
50-54	Charles Williams	59.68 2012
55-59	Charles Williams	1:04.65 2017
60-64	Rodney Atherton	1:09.06 2017
65-69	Ken Devries	1:16.40 2018
70-74	Johnnie Lucassen	1:29.1 2012
75-79	Johnnie Lucassen	1:33.7 2013
80-84	George Knoblock	1:47.0 2010
85-89		
90+		

### 800m

AGE	NAME	RECORD
50-54	Len Ferman	2:18.0 2014
55-59	Paul Hodge	2:40.0 2018
60-64	Mike Cipriano	2:52.0 2018
65-69	Mark Flynn	2:54.9 2014
70-74	Johnnie Lucassen	3:48.4 2012
75-79	Johnnie Lucassen	3:46.4 2013
80-84	George Knoblock	4:49.9 2010
85-89		
90+		

### 1500m

AGE	NAME	RECORD
50-54	Luis Salvador	5:54.14 2018
55-59	Paul Hodge	5:15.73 2018
60-64	Mike Cipriano	5:47.00 2018
65-69	Ken Devries	5:46.02 2018
70-74	Joseph McVeigh	6:39.1 2015
75-79	Johnnie Lucassen	7:02.4 2013
80-84	Bob Keller	8:54.9 2014
85-89		
90+		