

CAPITAL CITY GAMES SPORTS TRAINING FACILITIES

Save the date! The Capital City Senior Games will be held March 2019!

ARCHERY

Tallahassee Archery Center, 2784 Capital Circle NE, 385-1323, www.tallahasseeearchery.com

Tallahassee Archery Club, 7268 Blountstown HWY, www.bigbendarchery.com, or contact Andre' Libroth at 321-1292

Tallahassee Indoor Shooting, 499 Capital Circle SW, 727-4867, www.tallyindoorshooting.com

Talon Training Group, 550 Commerce Blvd, Midway, FL 597-7550, www.talontraining.com

BAG TOSS

Tallahassee Senior Center, 1400 N Monroe St., Thu., 2:15-3:15 p.m.

BASKETBALL SHOOTING SKILLS

The following gyms (due to summer camp programs) are available for practice after Aug. 13. Visit

<http://www.tal.gov.com/parks/parks-cc.aspx>

Jack McLean Community Center, 891-2505, Thu. – Fri., 9 a.m.–1 p.m.

Jake Gaither Community Center, 891-3940, Mon. – Fri., noon–1 p.m.

Lawrence-Gregory Community Center, 891-3910, Tues. & Thu., 9 a.m.-1 p.m.

Sue McCollum (Lafayette) Community Center, 891-3946, Mon./Tue./Fri., 12:30-2 p.m.; Thu., 9 a.m.–2 p.m.

Walker Ford Community Center, 891-3970, Mon. & Wed., 9 a.m.–noon

BOWLING

Capital Lanes, 820 Capital Circle NE, 422-2695, www.bowlsrcl.com

Seminole Bowl, 1940 W. Tennessee St., 561-0894, www.bowlsrcl.com

GOLF

Hilaman Golf Course, 2737 Blair Stone Rd., 891-2560, www.hilman.com

Jake Gaither, 801 Bragg Dr., 891-3942, www.tal.gov.com/parks/golf.aspx

Don Veller Seminole Golf Course, 2550 Pottsdamer St., 644-2582, www.seminolegolfcourse.com

HORSESHOES

Forest Meadows, 4750 N Meridian Rd., 891-4979

Jack McLean Community Center, 700 Paul Russell Rd., 891-3940

PICKLEBALL

Contact each site as summer schedule is active or Glen Howe at 891-3920, www.tal.gov.com/parks/sports-pickleball.aspx

Tallahassee Senior Center, 1400 N Monroe St., Wed., 11:30 a.m.– 4 p.m.; Fri. 11:30 a.m.-1:30 p.m.

Jack McLean, 700 Paul Russell Road, 891-2505

Jake Gaither, 801 Bragg Dr., 891-3940

Lawrence Gregory, 1115 Dade St., 891-3910

Lincoln Neighborhood Center, 438 West Brevard St., 891-4180

Sue McCollum (Lafayette) Community Center, 501 Ingleside Ave., 891-3946

Walker-Ford Community Center, 2301 Pasco St., 891-3970

POWER LIFTING

Premier Health and Fitness, 3521 Maclay Blvd., 431-2348, www.tmh.org/Premier

SWIMMING

Leslie Adams at Leslie.Adams@tal.gov.com or visit: www.tal.gov.com/parks/aquatics.aspx (for pool schedules) or 891-4904

TABLE TENNIS

Tallahassee Senior Center, 1400 N Monroe St., Tue. & Thu., 2:15–4:15 p.m.

Willy Leparulo at fsutabletennis@yahoo.com or 445-0780, www.facebook.com/groups/tabletennisfsu/

TENNIS

For more information, www.tal.gov.com/parks/tennis.aspx; reserve a court hotline 891-4940.

Forest Meadows, 4750 N. Meridian Rd.

Tom Brown Park Tennis Center, 501 Easterwood Dr.

Winthrop Park Tennis Center, 1601 Mitchell Ave., or Glen Howe at 891-3920 or 891-3980.

TRACK & FIELD

To get involved in the running community, visit www.gulfwinds.org for more information.